Friendship Centers
OF EMMET COUNTY

Petoskey Friendship Center

Mon-Fri 8:30am to 4:00pm
(231) 347-3211
1322 Anderson Road, Petoskey, MI 49770

Daily Activities

Monday

Cardio Drumming	9:00 to 9:45
Zumba	10:15 to 11:00
Painting Group	1:00 to 3:30
Cards and Games	1:00 to 3:30
Euchre	1:00 to 3:30

Tuesday

Yoga	9:00 to 9:45
Bridge	9:00 to 12:00
PWR! Moves for Parkinson's	10:00 to 11:15
Mahjong (Summers only)	1:00 to 3:30
Cards and Games	1:00 to 3:30
Chair Line Dancing	1:00 to 1:45
Senior Line Dancing	2:00 to 3:30

2nd of the Month

Easy Readers (Book Group)	1:00 to 2:00

Wednesday

Senior Fitness	8:45 to 9:30
Intermediate Line Dancing	10:00 to 11:30
Blood Pressure Screening	11:15 to 12:15
Cards and Games	12:30 to 3:30
Bingo	1:00 to 3:00

1st & 3rd of the Month

50/50	11:15 to 11:45

Thursday

Cardio Drumming	8:45 to 9:30
Bridge	9:00 to 12:00
Veterans' Coffee Hour	10:00 to 11:00
Yoga	2:30 to 3:30

Friday

Asahi	***9:00 to 9:45***
Swat Ball	10:00 to 11:00

Website:
www.emmetcoa.org

Facebook:
FriendshipCentersofEmmetCounty

Tik Tok:
@friendshipcenters

Instagram:
Friendship.Centers

Youtube:
FriendshipCentersofEmmetCounty

Follow us on social media, call us, or stop-in for updates or changes!

November's Events

Find event details online or check out the flyers at each center.
Unless otherwise noted, events are at the Petoskey Friendship Center.

Mon. 2: Low Dose Radiation Therapy for Osteoarthritis at 1:00pm
Mon. 2: Hand Massages with Ruth (alongside presentation) at 1:00pm
Wed. 4: Hearing Exams at 9:00am-12:00pm
Wed. 4: Mackinaw Area Historical Society at 12:45pm ***Huber***
Fri. 6: Asahi Holiday series begins at 9:00am
- Class will continue each week until Tai Chi returns on January 8th, 2027

Mon. 9: Strength and Balance Canceled ***Huber***
Mon. 9: Medicare 101 at 1:00pm
Mon. 9: Soo Locks (presentation) at 12:45pm ***Huber***
Tues. 10: Easy Readers at 1:00pm
Wed. 11: Little Big: Gratitude Hike at 1:00pm
- *Location: Rauneckes Nature Preserve*
- *RSVP by calling 231-347-3211 *required**

Thurs. 12: Hospice 101 at 1:00pm
Mon. 16: EFT Tap Away the Winter Blues at 1:00pm
Tues. 17: Petoskey Clock Tower (presentation) at 1:00pm
Wed. 18: Petoskey Library visit at 11:30am-12:30pm
Wed. 18: Crafts with Kim at 12:45pm ***Huber***
Thurs. 19: Hearing Aid Clinic at 11:30am-12:30pm
Mon. 23: Medicare 101 at 12:45pm ***Huber***
Mon. 23: Creative Card Making at 1:00pm
- *RSVP by calling 231-347-3211 *required* | Cost: $10 for 5 cards*

Wed. 25: Senior Fitness Canceled
Thurs. 26: Both Locations Closed
Fri. 27: Both Locations Closed
Sat. 28: Fall Craft Show at 9:00am-3:00pm

Friendship Centers of Emmet County



Fall Craft Show

Sat. Nov. 28th at 9:00am to 3:00pm

Stop by to find the perfect handcrafted gifts for your loved ones this holiday season!

100% HANDMADE • MADE WITH LOVE •

Huber Senior Center

Mon-Fri 10:00am to 3:00pm
(231) 529-8803
6436 E. Brutus Road, Brutus, MI 49716

Daily Activities

Monday

Strength and Balance	10:30 to 11:15
Line Dancing (returns next spring)	1:15 to 2:45

Tuesday

Cardio Drumming (Apr. to Dec.)	10:15 to 11:00

1st of the Month

Trivia with Brenda	11:30 to 12:00

2nd of the Month

Veterans' Coffee Hour	10:00 to 11:00
Movie and Snacks	1:00 to 2:30

3rd of the Month

Trivia with Brenda	11:30 to 12:00

Wednesday

Yoga	9:15 to 10:00

1st of the month

EFT Tapping	10:15 to 11:15

Thursday

Cards and Games	10:00 to 11:30
Penny Bingo	12:30 to 2:30

Friday

Tai Chi (returns Jan. 8th, 2027)	10:30 to 11:15

Support Groups

Petoskey Friendship Center

REACH OUT **Supportgroups@emmetcoa.org**

Diabetes Support
2nd Monday of each month at 10:00am

Parkinson's Support
4th Wednesday of each month at 2:00pm

Alzheimer's & Dementia Support
2nd Wednesday of each month at 2:00pm

Caregiver Support
4th Thursday of each month at 1:30pm