

Lunch is served Monday through Friday from
12:00pm to 12:30pm at the Petoskey
Friendship Center and at the Huber Senior Center.

APRIL 2026

The minimum suggested donation for Congregate
Meals and Meals on Wheels is \$3.00 per meal for
those 60 years and older.
Guests (under 60) can purchase a \$5.00 lunch pass.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>corn spoon bread- a Southern comfort food that is somewhere between corn pudding and corn bread</p>	<p>naan (non)- a leavened flatbread traditionally baked in a clay oven</p>	<p>1</p> <p>BBQ Pork Chops Corn spoon bread Collard greens Diced peaches Sourdough</p>	<p>2</p> <p>Tuna Melt Sliders Roasted sweet potatoes Mixed vegetables Blueberries with lemon curd</p>	<p>3</p> <p> </p>
<p>6</p> <p>Meatloaf Smashed potatoes Green beans almondine Tropical mixed fruit Whole grain sweet yeast roll</p>	<p>7</p> <p>Pizza Carrots Broccoli Pineapple tidbits w/coconut</p>	<p>8</p> <p>Fish Cakes Beets Peas Berry crisp Whole grain breadstick</p>	<p>9</p> <p>Starts at 11:30!</p> <p>Soup & Salad Bar Bananas Whole wheat bread</p>	<p>10</p> <p>Spanish Paprika Roasted Chicken Potatoes, peppers, & onions Fruit salad Whole grain biscuit</p>
<p>13</p> <p>Stuffed Green Peppers Mixed vegetables Cauliflower Citrus salad</p>	<p>14</p> <p>Chicken Stir-fry Rice Garlic green beans Mandarin oranges Hawaiian pull-apart roll</p>	<p>15</p> <p>Beef Chili Baked potato Braised mixed greens Fruit cocktail Cornbread</p>	<p>16</p> <p>Turkey Thighs in Mole Sweet potatoes Cilantro rice Diced mango Tortillas</p>	<p>17</p> <p>Tuna Casserole Peas Carrots Lemon chia pudding Whole grain breadstick</p>
<p>20</p> <p>Pork Loin Braised red cabbage Horseradish potatoes Cranberry applesauce Whole grain pull apart roll</p>	<p>21 <i>Spring Revival Workshop</i></p> <p>Chicken Pasta with Alfredo Asparagus Stewed tomatoes Honeydew & cantaloupe Garlic breadstick</p>	<p>22</p> <p></p> <p>Turkey Burgers Sweet potato puffs Edamame Pineapple tidbits</p>	<p>23</p> <p>Roasted Chicken Smashed potatoes Lima beans Peaches with almond crisp Southern biscuit</p>	<p>24</p> <p>Mediterranean-style Baked Pollock w/Tomatoes & Onions Lemon rice Spinach Apricot halves Focaccia</p>
<p>27</p> <p>Beef Stroganoff Beets Peas Malibu fruit salad Whole grain breadstick</p>	<p>28</p> <p>Turkey Enchilada Casserole Sweet corn Roasted peppers & onions Diced pears Naan</p>	<p>29</p> <p>Peanut Chicken Coconut jasmine rice Broccoli Tropical fruit salad Hawaiian sweet roll</p>	<p>30</p> <p>Starts at 11:30!</p> <p>Congregate: Soup & Salad Bar Fresh fruit Sourdough MOW: Cook's Choice</p>	<p>  Berries, especially blueberries and strawberries, are highly recommended on the MIND diet for their antioxidant and anti-inflammatory properties. </p>