

FEBRUARY 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Teriyaki Pork Chops Rice Black beans Apples w/ cinnamon & ginger Sweet yeast roll	3 Meat Lover's Pizza Broccoli Peppers & onions Fruit cocktail	4 Cornflake Crusted Cod French fries Peas & carrots Slaw Citrus salad	5 Roasted Chicken Brussel sprouts Root vegetable mash Apple & cherries w/ almond crumble Cheddar garlic biscuit	6 <u>Starts at 11:30am</u> <u>Congregate:</u> Soup & Salad Bar Bananas Whole wheat bread <u>MOW:</u> Cook's choice Bananas
9 Tuscan Chicken w/ Beans, Kale, & Tomatoes Mandarin oranges Focaccia	10 Turkey & Cheese Lasagna Roll-ups with Tomato Sauce Roasted cauliflower Mixed vegetables Berries with lemon curd Garlic breadstick	11 Beef Barley Stew Peas Carrots Pears with caramel & almonds Sweet yeast roll	12 Hazelnut Salmon Lemon rice Green beans Diced peaches Whole wheat pull-apart roll	13 <u>Snowflake Luncheon!</u> Stuffed Chicken Breast Roasted potatoes Mixed vegetables Dessert
16 Baked Chicken Roasted potatoes Spinach with feta Lemon chia pudding Pita bread	17 <u>Starts at 11:30am</u> <u>Congregate:</u> Soup & Salad Bar Fresh fruit Sourdough <u>MOW:</u> Cook's choice	18 Vegetables in Madras Curry Peas & carrots Brown rice Pineapple tidbits Whole wheat naan	19 Shrimp & White Bean Pasta with Lemon Cream Broccoli Stewed tomatoes Apricot halves Focaccia	20 Potato Crusted Tilapia Garlic spinach Carrots Raspberries & blueberries w/ hazelnuts & chocolate Sweet yeast roll
23 Cabbage Rolls Potatoes Peas Tropical fruit Whole grain breadsticks	24 Peanut Chicken Broccoli with ginger Coconut rice Diced mango Naan	25 Pasta with Beans & Greens Peppers & onions Apricots with almond crumble Garlic breadstick	26 Turkey Stew Root vegetables 5-way mixed vegetables Mixed berry oat bars Whole grain biscuit	27 Salmon with Roasted Tomatoes Roasted garlic polenta Applesauce Whole wheat bread
Happy Valentine's Day The <i>minimum</i> suggested donation for Congregate Meals and Meals on Wheels is \$3.00 per meal for those 60 years and older. Guests (under 60) can purchase a \$5.00 lunch pass.				
Lunch is served Monday through Friday from 12:00pm to 12:30pm at the Petoskey Friendship Center and at the Huber Senior Center.				