| Friendship Centers of Emmet County – October 2025 Menu   |  |   |   |  |
|--|--|---|---|--|
| Monday   | Tuesday  | Wednesday   | Thursday  | Friday   |
| Lunch is served Monday through Friday 12:00 to 12:30 pm at the Petoskey Friendship Center and the Huber (Brutus) Senior Center. Special requests will not be accommodated. Menu subject to change based on product availability. | The <i>minimum</i> suggested donation for Congregate Meals and Meals on Wheels is \$3.00 per meal for those 60 and older and their spouses. Guest under 60 can purchase a guest pass for \$5   | Hot Dog w/Chili Sauce<br>Seasoned Diced Potatoes<br>Beets<br>Mandarin Oranges<br>Bun              | Sweet-n-Sour Meatballs Rice Pilaf Oriental Vegetables Apricots Bread  | Baked Chicken Mashed Potatoes Carpi Vegetables Blueberries Biscuit   |
| 6  | 7  | 8   | 9 Starts at 11:30   | 10   |
| Meat Lover's Pizza<br>Carrots<br>Corn<br>Applesauce  | Salisbury Steak<br>Potato<br>Mixed Vegetable<br>Diced Peaches<br>Bread   | Baked Chicken<br>Mashed Potatoes<br>Winter Blend Vegetables<br>Pineapple Tidbits<br>Biscuit       | Salad Bar<br>Homemade Soup<br>Fresh Vegetables<br>Fresh Oranges<br>Crackers/Bread                                 | Beef Taco Burrito<br>Mexican Rice<br>Fiesta Blend Vegetables<br>Dices Pears  |
| 13   | 14   | 15  | 16  | <br>  17   |
| Cabbage Roll<br>Potato<br>Capri Vegetable<br>Tropical Fruit<br>Bread   | Battered Tavern Pollack Wile Rice Cauliflower Carrots Apricots Bread   | Spaghetti w/Meat Sauce<br>Pasta<br>Corn<br>Green Beans<br>Banana<br>Garlic Biscuit                | Baked Potato Bar w/Cheese<br>Diced Han or Ground Beef<br>Broccoli<br>Salsa<br>Green Onion<br>Blueberries<br>Bread | Homemade Meatloaf Potato Brussel Sprouts Fruit Cocktail Bread  |
| 20   | 21   | 22  | 23  | 24   |
| Pulled Pork Sandwich<br>French Fries<br>Peas & Carrots<br>Applesauce<br>Bun  | Taco Bar<br>Mexican Rice<br>Refried Beans<br>Pineapple Tidbits<br>Salsa<br>Tortilla  | Garlic Parm Chicken Thighs<br>Oven Roasted Red Potatoes<br>Green Beans<br>Tropical Fruit<br>Bread | Mushroom Swiss Burger<br>Seasoned Diced Potatoes<br>Capri Vegetables<br>Mandarin Oranges<br>Bun                   | Creamy Chicken Stew<br>Mixed Vegetables<br>Stewed Tomatoes<br>Diced Peaches<br>Biscuit                                   |
| 27   | 28   | 29  | 30  | 31   |
| Breakfast Cheese Omelet<br>Sausage<br>Hash Brown Rounds<br>Bell Peppers & Onions<br>Blueberries<br>Bagel/Cream Cheese  | Roast Beef & Cheese Sliders<br>Seasoned Diced Potatoes<br>Peas & Carrots<br>Applesauce<br>Slider Buns  | Salad Bar<br>Homemade Soup<br>Fresh Vegetables<br>Banana<br>Bread                                 | Baked Chicken Mashed Potatoes Green Beans Diced Pears Biscuits  | Homemade Beef Chili Capri Vegetables Beets Halloween Dessert Corn Muffins  It's Elderween! Wear a costume for extra fun! |
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