

## Petoskey Friendship Center

### Monday

Cardio Drumming	9:00-9:45
Painting Group	1:00-3:30
Cards & Game for All	1:00-3:30

### Tuesday

Yoga for All	9:00-9:45
Bridge	9:00-12:00
Wii Bowling	1:00-3:30
Cards & Games for All	1:00-3:30
Line Dancing	2:00-3:30

### Wednesday

Senior Fitness	8:45-9:30
Senior Line Dancing	10:00-11:30
Blood Pressure Screening	11:15-12:15
Cards & Games for All	12:30-3:30
Bingo	1:00-3:00

### Thursday

Cardio Drumming	8:45-9:30
Bridge	9:00-12:00
Veteran's Coffee Hour	10:00-11:00
Yoga for All	2:30-3:30

### Friday

Tai Chi	9:00-9:45
Swat ball	10:00-11:00

Petoskey Center: 231-347-3211

Brutus Center (Huber): 231-529-8803

Website: [www.emmetcoa.org](http://www.emmetcoa.org)

Email: [info@emmetcoa.org](mailto:info@emmetcoa.org)

Facebook: [FriendshipCentersofEmmetCounty](https://www.facebook.com/FriendshipCentersofEmmetCounty)

Tik Tok: @friendshipcenters

**Senior Events** Find event details online or check out the flyers at each center. Unless noted, events are at Petoskey Friendship Center.

### July 8- Lavender Hill Farm Tour

**Registration Required**

### July 9- Ranked Choice Voting Presentation 1:00pm

**Huber (Brutus) Center**

### July 10-Hearing Screenings with Adam Wong 1:00pm

### July 14-Ranked Choice Voting Presentation 1:00pm

### July 18-Picnic and Concert

### July 24-Bear Creek Organic Farm Tour

**Registration Required**

### July 28-Secretary of State Mobile Office


### July 31-Hearing Aid Clinic 11:30-12:30



**MICHIGAN SECRETARY OF STATE  
MOBILE OFFICE  
IS COMING TO YOU**

July 28, 2025  
(Monday)  
10:00a-2:30p  
1322 Anderson Rd,  
Petoskey MI 49770

The Secretary of State Mobile Office will be visiting  
Friendship Center of Petoskey  
to provide services needed by the seniors who  
attend the center.



## Friendship Center Support Groups

### Alzheimer's/Dementia Support Group

2nd Wednesday of each month at 2:00pm

### Caregiver Support Group

4th Thursday of each month at 1:30pm

### Diabetes Support Group

2nd Monday of each month at 10:00am

### Grief & Loss Support Group

Every Tuesday at 2:00pm

### Parkinson's Support Group

4th Wednesday of each month at 2:00pm

## Huber (Brutus) Senior Center

### Monday

Strength & Balance	10:30-11:15
Line Dancing	1:15-2:45

### 1st Tuesday of the month

Trivia with Brenda	11:30-12:00
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### 2nd Tuesday of the month

Veterans Coffee Hour	10:00-11:00
Movie & Snacks	1:00-2:30

### 3rd Tuesday of the month

Trivia with Brenda	11:30-12:00
Throwback Tuesday	1:00-2:30

### Wednesday

Yoga for All	9:15-10:05
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### Thursday

Euchre	10:00-11:30
Penny Bingo	12:30-2:00

### Friday

Tai Chi	10:30-11:00
Cardio Drumming	1:15-2:45

Friday, July 18th

Petoskey Friendship Center

Picnic & Music Entertainment

Entertainment featuring :

FCEC Staff & Seniors