

# Friendship Centers of Emmet County - August 2024 Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p>The <i>minimum</i> suggested donation for Congregate Meals and Meals on Wheels is \$3.00 per meal for those 60 and older and their spouses.</p> <p style="color: red; text-align: center;"><b>Reminder: Petoskey Center will not have congregate lunch or any activities 8/5-8/9</b></p>			<p>1 Baked Chicken Mashed Potatoes Peas Carrots Mandarin Oranges Biscuit</p>	<p>2 Baked Potato Bar Diced Ham Cheese Sauce Salsa Broccoli Cookies Bread</p>
<p>5 <i>(MOW &amp; Brutus Only)</i> Pork Chop Oven Roasted Potatoes Yellow Beans Apple Sauce Bread</p> <p style="color: red; text-align: center;"><b>No Congregate Lunch in Petoskey 8/5-8/9</b></p>	<p>6 <i>(MOW &amp; Brutus Only)</i> BBQ Beef Sandwich French Fries Capri Vegetables Oranges Bun</p> <p style="color: red; text-align: center;"><b>No Congregate Lunch in Petoskey 8/5-8/9</b></p>	<p>7 <i>(MOW &amp; Brutus Only)</i> Chicken Nuggets Macaroni &amp; Cheese Mixed Vegetables Bananas Bread</p> <p style="color: red; text-align: center;"><b>No Congregate Lunch in Petoskey 8/5-8/9</b></p>	<p>8 <i>(MOW &amp; Brutus Only)</i> CabbageRolls Potato Carrots Pears Bread</p> <p style="color: red; text-align: center;"><b>No Congregate Lunch in Petoskey 8/5-8/9</b></p>	<p>9 <i>(MOW &amp; Brutus Only)</i> Crab Cakes Hush Puppies Green Beans Apples Bread</p> <p style="color: red; text-align: center;"><b>No Congregate Lunch in Petoskey 8/5-8/9</b></p>
<p>12 Cheese Omelet Hash Brown Potatoes Sausage Blueberries Bagel w/Cream Cheese</p>	<p>13 Taco Bar Refried Beans Mexican Rice Tropical Fruit Tortilla</p>	<p>14 Chicken Egg Rolls Fried Rice Oriental Vegetables Pineapple Tidbits Fortune Cookies</p>	<p>15 <b>Lunch starts at 11:30</b> Salad Bar Homemade Soup Assorted Fresh Veggies Banana Crackers Bread</p>	<p>16 Bratwurst Sauerkraut (Optional) Baked Beans Winter Blend Vegetable Diced Peaches Bun</p> <p style="color: red; text-align: center;"><b>Picnic Lunch</b></p>
<p>19 Baked Chicken Yellow Rice Peas Fruit Cocktail Biscuit</p>	<p>20 Pork Fritter Sweet Potatoes Green Beans Applesauce Bread</p>	<p>21 <i>(MOW only)</i> Salisbury Steak Potato Carrots Banana Bread</p> <p style="color: red; text-align: center;"><b>Senior Expo No Congregate Lunch-Join us for a picnic lunch!</b></p>	<p>22 Pork Chops Scalloped Potatoes Capri Vegetables Apples Bread</p>	<p>23 Sweet &amp; Savory Meatballs Diced Potatoes Mixed Vegetables Bread</p>
<p>26 Pork Pot Roast Baby Potatoes Carrots Applesauce Bread</p>	<p>27 Lemon Pepper Chicken Thighs Wild Rice Winter Blend Vegetables Pudding Bread</p>	<p>28 Meat Lover's Pizza Corn Green Beans Tropical Fruit</p>	<p>29 Chicken Alfredo Rollups Spinach Beets Pineapple Tidbits Garlic Biscuit</p>	<p>30 <b>Lunch starts at 11:30</b> Salad Bar Homemade Soup Assorted Fresh Veggies Pears Crackers\Bread</p>

Lunch is served Monday through Friday at noon at the Petoskey Friendship Center and the Huber (Brutus) Senior Center.  
Special requests will not be accommodated.

## Foot Care by RNs

\$25  
for Emmet  
County  
Residents

\$30  
for out-of-  
county  
Residents

Call to  
schedule an  
appointment:  
  
Petoskey  
(231) 347-3211  
Huber (Brutus)  
(231) 529-8803

