

Petoskey Friendship Center

Monday

Cardio Drumming	9:00-9:45
Painting Group	1:00-3:30
Cards for All	1:00-3:30
Cribbage & Cards	1:00-3:30

Tuesday

Yoga for All	9:00-9:45
Cell Phone Tech Assistance	11:30-12:30
Wii Bowling	1:00-3:30
Mahjong	1:00-3:30
Senior Line Dancing	2:30-3:30

Wednesday

Senior Fitness	8:45-9:30
Senior Line Dancing	10:00-11:30
Blood Pressure Screening	11:15-12:15
Cards for All	12:30-3:30
Bingo	1:00-3:00
Gin 13	1:00-3:30

Thursday

Cardio Drumming	8:45-9:30
Veteran's Coffee Hour	10:00-11:00
Yoga for All	2:30-3:30

Friday

Swat ball	10:00-11:00
Book Club (2nd & 4th Friday)	1:00-3:00
Tai Chi beginning 7/19	9:00-9:45

SeniorEvents

Find event details online or check out the flyers at each center. Unless noted, events are at Petoskey Friendship Center.

- August 1- Registration for Ferry Ride Begins
- August 2-Senior Smiles *registration required
- August 7-Kayak Adventure on Round Lake *registration required
Session 1: 10:30am Session 2: 1:00pm
- August 13-Hidden in Plain Sight 1pm-3:30pm
- August 16- Friendship Center Picnic and Entertainment 11:30am -1:30pm
- August 21-Senior Expo (at Petoskey Center) 11am-2pm
- August 21-Pontoon Adventure on Crooked Lake *registration required
Session 1: 10:30am Session 2: 1:00pm
- August 26-David Kaplan Presents "Titanic's Unsuspecting Participants" 1pm
- August 27- Denneen Smith Presents "Exploring Our Roots" 1pm
- August 30- Registration for Ferry Ride Ends
- August 30 - Versiti Blood Drive 10am to 2pm

Enter for a Chance to Win

Les Cheneaux Lighthouse Cruise for 2!

Enjoy remarkable views of six spectacular Lake Huron Lighthouses along with an inside look at the beautiful 36-island Les Cheneaux archipelago chain off the southeastern Upper Peninsula narrated by an expert of the Great Lakes Lighthouse Keepers Association.

Tickets: \$10

Date: September 8, 2024

Length: 5 hours 1:30pm to 6:30pm

Departure: All Lighthouse Cruises depart from and return to Mackinaw City



Huber (Brutus) Senior Center

Monday

Strength & Balance	10:30-11:15
Line Dancing	1:00-2:30

2nd Tuesday of the Month

Veterans Coffee Hour	10:00-11:00
Movie & Snacks	1:00-2:30

Wednesday

Yoga for All	9:15-10:05
Cell Phone Tech Support	11:30 - 12:00
(1st Wednesday of each month)	

Thursday

Euchre	10:00-11:30
Penny Bingo	12:30-2:00

Friday

Hand Massages (4th Fri.)	11:30-12:00
Tai Chi	10:30-11:15

2024

NATIONAL SENIOR CITIZENS DAY SENIOR EXPO & PICNIC



WEDNESDAY
8/21/24



11:00AM -
2:00PM

Tuesday, August 13th 1:00-3:30

SAFE in Northern Michigan's Hidden in Plain Sight Trailer educates parents, grandparents, and caregivers on what to look out for in their teens bedroom that may indicate substance use. The trailer is designed to look like a teenager's bedroom and includes a variety of items that represent risk and protective factors.



Harbor Princess Ferry Ride



Monday September 9th at 10:00am

Check-In - 9:00am at Petoskey Clock Tower Pier

Duration: 90 minutes

Price: \$20

Registration: August 1st thru August 30th

Call 231-347-3211 or email brittney@emmetcoa.org to register

Indulge in brunch-style refreshments as you soak in the stunning vistas of Lake Michigan and Little Traverse Bay. Normally priced at \$45, our guided trip around the bay is yours for just \$20, including all refreshments and snacks !