


The minimum suggested donation for Congregate Meals and Meals on Wheels is \$3.00 per meal for those 60 and older and their spouses.

Friendship Centers of Emmet County - July 2024 Menu

Monday	Tuesday	Wednesday	Thursday	Friday
1 Salad Bar Homemade Soup Assorted Fresh Veggies Oranges Bread	2 Cabbage Rolls Potato Broccoli Diced Pears Bread	3 Sweet & Sour Chicken Rice Pilaf Zucchini Pineapple Tidbits Bread	4 <p style="text-align: center;">CLOSED Happy 4th of July !</p> 	5 Polish Sausage optional Sauerkraut Baked Beans Cauliflower Cheesecake with Blueberries Bun
8 Chicken Fettuccini Alfredo Pasta Zucchini Beets Mandarin Oranges Garlic Biscuit *Huber Center Closed	9 Crab Cakes Oven Roasted Potatoes Brussel Sprouts Apricots Bread *Huber Center Closed	10 Pork Chops Au gratin Potatoes Winter Blend Vegetable Apple Sauce Bread	11 Chicken Cavatappi Spinach Stewed Tomatoes Diced Peaches Garlic Biscuit	12 Hamburger Diced Potatoes Mixed Vegetables Cookies Bun *FCEC Car Show
15 Stuffed Green Pepper Potato Zucchini Diced Pears Bread	16 Breakfast Pizza with Sausage Scrambled Eggs Oven Roasted Peppers & Onions Mandarin Oranges No Bread	17 Swedish Meatballs Pasta Peas Carrots Blueberries Bread	18 Salad Bar Homemade Soup Assorted Fresh Veggies Oranges Bread	19 Baked Chicken Rice Pilaf Green Beans Tropical Fruit Biscuit
22 Pulled Pork Sandwich French Fries Winter Vegetable Blend Fruit Cocktail Bun	23 Chicken ala King Peas Stewed Tomatoes Pineapple Tidbits Biscuit	24 All Beef Hotdog Seasoned Diced Potatoes Green Beans Tropical Fruit Bun	25 Pork Chops Scalloped Potatoes Broccoli Apple Sauce Bread	26 Spaghetti w/ Meat Sauce Pasta Yellow Squash Apricots Garlic Biscuit
29 Cheese Burgers Baked Beans Carrots Blueberries Bun	30 Salad Bar Homemade Soup Assorted Fresh Vegetables Pears Bread	31 Ham Sweet Potatoes Green Beans Pineapple Tidbits Bread	Lunch is served Monday through Friday at noon at the Petoskey Friendship Center and the Huber (Brutus) Senior Center. <i>We proudly serve local Michigan products in all our meal programs.</i> Special requests will not be accommodated. Menu subject to change based on product availability.	

Foot Care by RNs

\$25
for Emmet
County
Residents

\$30
for out-of-
county
Residents

Call to
schedule an
appointment:

Petoskey
(231) 347-3211

Huber (Brutus)
(231) 529-8803

