

## Friendship Centers of Emmet County

### Meals on Wheels & Congregate Meals Menu for August 2 - 6, 2021

Monday: BBQ Riblets, au gratin potatoes, broccoli, dinner roll

Tuesday: Salisbury Steak, potatoes, mixed vegetables, dinner roll

Wednesday: Chicken ala King, peas & carrots, biscuit

Thursday: Ham or Chicken Salad Sandwich, potato salad or pasta salad, fresh vegetables

Friday: Roasted Veggie Lasagna, spinach, wax beans, garlic biscuit



Special requests will not be made. Menu subject to change based on product availability.

## Friendship Centers of Emmet County

### Meals on Wheels & Congregate Meals Menu for August 9 - 13, 2021

Monday: Swedish Meatballs, pasta, broccoli, dinner roll

Tuesday: Boneless Chicken Thighs, mashed potatoes & gravy, peas, biscuit

Wednesday: Pork Chops, wild rice, winter blend vegetables, dinner roll

Thursday: Homemade Meatloaf, potatoes, green beans, dinner roll

Friday: Pizza, corn, lima beans, breadsticks



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## Friendship Centers of Emmet County

### Meals on Wheels & Congregate Meals Menu for August 16 - 20, 2021

Monday: Stuffed Green Pepper, potatoes, carrots, dinner roll

Tuesday: Pork Fritters, sweet potatoes, green beans, dinner roll

Wednesday: Beef Pasty with Gravy, mashed potatoes, mixed vegetables, dinner roll

Thursday: Chicken Lasagna, stewed tomatoes, beets, garlic biscuit

Friday: Bratwurst with a bun, baked beans, spinach



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## Friendship Centers of Emmet County

### Meals on Wheels & Congregate Meals Menu for August 23 - 27, 2021

Monday: Battered Tavern Fish, garden wild rice, broccoli, dinner roll

Tuesday: Sausage Gravy with Biscuits, oven-roasted diced potatoes, escalloped apples, orange juice

Wednesday: Homemade Meat Lasagna, corn, zucchini, garlic biscuit

Thursday: Sliced Ham, mashed sweet potatoes, green beans, dinner roll

Friday: Sloppy Joe, potato, California mixed vegetables



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